## SUMMER

HAVE YOU	S	m	t	W	t	f	S	
Make Your Bed								•
Brushed Your Teeth / Washed Your Face								
Brushed Your Hair								
Gotten Dressed								
Had Breakfast								
Cleaned Up One Room								
Helped Somone in the Family								
Made or Built Something Creative								
Had Lunch + Washed Dishes								

		W		
20 Minutes of Reading				
20 Minutes Writing or Coloring				
20 Minutes of Excercise or Outside Play				
20 Minutes of Quiet Time				

THEN YOU CAN USE YOUR ELECTRONICS

Fresh Mommy x TABITHA BLUE